

Ten Mile Lake Association

# Newsletter

Spring, 2010

*Dedicated to the Preservation and Improvement of Ten Mile Lake and its Environment*

## TEN MILE LAKE CALENDAR FOR 2010

**FOURTH OF JULY BOAT PARADES** ..... Sunday  
10:00 a.m. July 4, 2010  
North Shore ..... Area by former Arthur's  
South Shore ..... Public Access

**WATERCRAFT OPERATOR'S  
PERMIT TRAINING** ..... Thursday  
8:30 a.m. to 4:00 p.m. July 1, 2010  
At the Hackensack Community Center

**WELL WATER TESTING** ..... Saturday  
10:00 a.m. to 3:00 p.m. July 10, 2010  
At former Woock's Store (South Shore, Rock Rose  
Trail & Lower Ten Mile Lake Road) or  
Jerry Mills' Garage (North Shore, 5323 Co.Rd.50)

**ANNUAL MEETING** ..... Saturday  
9:30 a.m. August 7, 2010  
At Union Congregational Church, Hackensack

**TMLA BOARD MEETINGS** ..... Saturdays  
9:00 a.m.  
At Bruce & Jean Carlson's ..... May 22, 2010  
At Teri Gapinski's ..... June 19, 2010  
At John Hartzell's ..... July 17, 2010  
At Lee Ann Sand's ..... August 14, 2010  
At Tom & Sarah Cox's ..... September 18, 2010

**FALL FETE** ..... Saturday  
5:50 p.m. September 25, 2010

**DEADLINES, MATERIAL FOR NEWSLETTERS:**  
Summer Issue ..... June 15, 2010  
Fall Issue ..... September 1, 2010

## VOLUNTEERS NEEDED FOR ADOPT-A-HIGHWAY COMMITTEE

Chair of the Adopt-A-Highway Committee, **Ivar Sigveland**, is looking for more volunteers for the cleanup of the roads surrounding the lake this summer. Several new people have signed up, but a few have resigned and the ranks need to be filled. Ivar is asking that you e-mail him at [ivaresi@gmail.com](mailto:ivaresi@gmail.com) if you would like to sign up. He is also asking that those people who have already signed up e-mail him to reconfirm their commitment as well.

When you e-mail Ivar, please be sure to include the following information:

- Full name
- Address
- Telephone number
- E-mail address
- Your preference as to the North or South side of the lake as well as the preferred area to cover. (Ivar will do his best to accommodate your preference.)

Thank you for your help.

**Ten Mile Lake Association Officers**

Bruce Carlson, President.....	675-5580
TBD.....	
Ken Regner, Treasurer.....	675-5464
Lee Sand, Secretary.....	675-5582

**Resident Directors**

John Alden.....	547-3114
Jay Cline.....	675-5880
Teri Gapinski.....	547-3337
Al Griggs.....	675-6312
Sarah Swanstrom.....	675-6226

**Summer Resident Directors**

Sue Eikenberry.....	675-6183
Don Harris.....	675-6285
John Hartzell.....	675-6994
Marty McCleery.....	675-6908
Bob Moe.....	675-3975
Ivar Sigveland.....	Cell: 218-675-6282

**Watershed Coordinator**

**Membership Coordinator**

Phoebe Alden.....	547-3114
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**Newsletter Editor**

Sarah Cox.....	675-6844
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**Committees**

**Adopt-A-Highway** - Sharon Peterson (South), Mollie Bliska, Sandy Birkholz, Judy Bryngelson, Elaine Crabb, Cary & Janet George, Sally Heisman, Bob & Nancy Horn, Paul & Carolyn Krech, Homer Olsen, Erik & Lise Olsen-Dufour, Rod Owre, Ken Regner, Don Willis, Ivar Sigveland (North), Denny & Paula Abbott, Phoebe & John Alden, Jerry Mills, Don Patterson, Larry Urbanski

**Advisory** - Al Griggs, Jack Adams, Tom Cox, Bob Crom, Al Hoover, Jim Miller, Jim Schwartz, Stan Skaug, Don Willis

**Conservation** - Jim Miller, John Hartzell, Gary Anderson, Andy Biebl, Bruce Carlson, Mimi Garbisch Carlson, Barrett Colombo, Tom Cox, Al Griggs, Shelly Knuths, Jim McGill, Joyce McManus, Tom Moore, Loydee Stonebrink, Diane Westmore

**Directory** - Phoebe Alden

**Environment & Ecology** - Bruce Carlson, Jack Adams, Gail Becher, Pat Carey, Al Griggs, Don Hoppe, Bob Iversen, Marty McCleery, Tom Moore, Ray Raetz, Ken Regner, Bob Rydell, Dick Sampet, Otto Schneider, Jim Schwartz, Judy Seward, Muriel Towler, Forrest Watson, Bob Williams, Don Willis, Dick Zejdik

**Fisheries** - Bob Horn, Pat Carey, Bruce Carlson, Teri Gapinski, Al Griggs, Rod Owre, Jim Schwartz

**Healthy Lakes** - Marty McCleery, Gail Becher, Tom Cox, Bob Crom, Sarah Swanstrom, Don Willis

**History** - Sue Eikenberry, Karin Arsan, Stan Benbrook, Tom Cox, Alden Gjevre, Deb Hamilton, Cathy Iverson, Kim Moe, Lorraine Stromquist, Murry Towler, Larry Urbanski, Mary Ann Varela

**Lake Safety** - Don Harris, Pat Gjevre, Doug Kramer, John McManus, Jerry Mills, Bob Moe, Sharon Peterson, Brad Putney

**Loons** - Bob Moe, Dave Byers, Bob Crom, Bob Horn, Lynn Martin, Kim Moe, Murry Towler

**Nominating** - Don Harris, Sue Eikenberry, Heidi Hoppe

**Treasurer's** - Ken Regner, Jay Cline, Jim Hickman, Dave Losby, Ivar Sigveland, Sarah Swanstrom

**Water Level** - Tom Cox, John Alden, Jay Cline, Dan Eikenberry, Marty McCleery, Ray Raetz, Jim Schwartz

**Zoning** - now handled by the Conservation Committee.

**SOME SAFETY REMINDERS**

*By Don Harris, Chair, Safety Committee*

A few reminders from the Ten Mile Lake Association Lake Safety Committee to help you have a safe and fulfilling experience of boating on our lake in 2010:

1. **CHECK YOUR BOAT LICENSE** before launching to be sure you are current.
2. **CHECK YOUR LIFE JACKETS** (PFD's – Personal Floatation Devices) to see if they fit the user and are Coast Guard approved and labeled Type I, II or III and the Type IV throwable device.
3. **CHECK YOUR LIGHTS.** They are easier to fix on shore!
4. **PICK UP AND REVIEW** the 2010 Minnesota DNR Boating Regulations. Boating laws and regulations change frequently. They can be purchased where you purchase bait or fishing licenses.

**NOTE:** —The Safety Committee, in response to complaints regarding a safe route in and out of Kenfield Bay, in the southwest corner of the lake, has purchased channel buoys, a red and a green, to mark the deepest route to enter and exit the bay. You will find the buoys near the peninsula on the east side of the opening to the bay. For those not familiar with channel buoys, drive your boat between the red and green buoy. If you are leaving the bay to return to the main lake, keep the red buoy on your left. If you are entering Kenfield Bay, keep the red buoy on your right. This will place you in a safe path of water depth with a sand bottom. If you experience problems with this new channel location, notify a member of the Safety Committee.

## FROM THE PRESIDENT'S DESK

*by Bruce Carlson, TMLA President*

By the time you read this, spring will be upon us, and many Ten Milers will be making plans for the upcoming summer season. In the meantime, TMLA continues to be very active behind the scenes in a number of areas that could have a significant impact on our lake and its future. The main theme of these activities is preserving the qualities of a lake that is still in very good shape and even trying to improve on that. The focus of most of these activities has been the land around the lake, rather than the lake itself, because in the long run the state of the shoreline land will ultimately be reflected in the quality of the lake itself. We have already seen the benefit of this approach in the correlation between monitoring and improving the septic systems around the lake and the increasing clarity of the water. Major wintertime activity of the Association falls into three main categories – resource protection districts, shoreline restoration, and land acquisition/preservation. I'll comment on each of these below.

**RESOURCE PROTECTION DISTRICTS.** First, some background information on this for the benefit of those who might not be familiar with this idea. For some time, the state has classified its lakes into several categories — general development, recreational development and natural environment. Most lakes were classified as general development, but lakes that were viewed as more environmentally sensitive were classified as recreational development or natural environment. Zoning restrictions, involving lot size, buildable area, etc. are more stringent in lakes with these latter classifications. A few years ago it became apparent that within a single lake, not all areas are equal, in terms of environmental sensitivity, and that a "one size fits all" classification may not be the most appropriate way to manage the land around the lake. Ten Mile is a classic example of this. It has been classified as a general development lake, which is appropriate for the main lake, but its bays have a very different character from the main lake basin and are much more sensitive to environmental disturbances. A few years ago the DNR began to examine several lakes in great detail to delineate sensitive from not-so sensitive shorelines. Ten Mile was one of the first lakes to be surveyed. A result of this survey was the delineation of a number of areas of the lake as having sensitive shorelines.

Using the data supplied by the DNR, Cass County then identified what it calls Resource Protection Districts, which include the sensitive shorelines identified by the DNR and a ¼ -mile zone surrounding this shoreline. The County then amended its land use ordinance (Ordinance # 2009-05, effective January 1, 2010) to allow the establishment of Resource Protection Districts if 50% of the riparian landowners request it. The request, however, must be approved by the township(s) in which the sensitive shoreline is located, and then by the County Planning Commission, and finally by the Commissioner of the DNR before the reclassification can officially occur.

Ten Mile Lake has several designated sensitive shorelines, which include Long's Bay, Flowerpot Bay, Lundstrom's Bay, Robinson's Bay/Angel Island, and Kenfield Bay (see the TMLA Website for a map of these districts). This winter a letter was sent out to lot owners within the proposed Resource Protection Districts surrounding each of these areas. It gave a detailed explanation of the districts and included a postcard for a yes or no response with respect to seeking the establishment of any of these proposed Resource Protection Districts. The responses varied from area to area. Of the individuals opposed, some objected to more government interference in citizens' affairs, and others had concerns about how a new classification might affect their own lot. The next step in this process will be to present the data to the TMLA Board for its collective decision on how to proceed.

**SHORELINE IMPROVEMENT.** In contrast to resource protection districts, shoreline improvement is an individual enterprise, and any interested lot owner can participate. How lake and river shorelines are viewed has been changing rapidly in recent years. For many years it was considered quite normal to clear the lot and plant grass down to a beach that was often fashioned from imported sand. Increasingly, many lot owners are realizing that shoreline lots are not city lots and that by treating them as such, much of the aesthetic value of a lake place is lost. Most Ten Milers have been far ahead of the curve in this area, but there is still much that can be done to maintain and restore the ecological balance of the lake, both above and below the water.

In connection with a broad program designed to maintain the quality of the lake by a variety of means, last fall we submitted through Cass County a proposal to the Clean Water Legacy Fund for a large amount of money for assisting in shoreline improvement on Ten Mile. Over 40 lot owners, with a total of 6,000-7,000 feet of shoreline, volunteered to participate in this program. Sad to say, we didn't receive funding, nor did any other application from any lake north of Brainerd. Nevertheless, our attempt put a lot of things into motion, and much will happen even though that particular source of funds didn't materialize this year.

I have been contacted by and have met with a number of DNR and County personnel over the winter, and we have devised a program that would initiate some shoreline improvement projects on the lake, starting this summer. The DNR is putting final touches on an evaluation program that is presently called "Score Your Shore," which is designed to allow lot owners or lake associations to evaluate the condition of their shoreline. I have suggested that we review the entire shoreline of Ten Mile so that we can get a good set of baseline data for the overall condition of the shoreline on our lake. This information will not be generally published, but if any lot owners would like to see how their own lots are scored, this information will be made available to them on a private basis. Some money has been made available to the DNR for shoreline restoration in sensitive areas that are critical for certain identified endangered species of fish, birds, etc. Later this spring, I'll take some DNR biologists on a tour of the lake so that they can determine which areas are most appropriate for the application of funding. I have also been told that later this summer there will be other opportunities to apply for additional shoreline improvement funds. There seems to be a general sense of optimism that over time we'll ultimately get the needed funds as long as we keep trying.

Among the lot owners who have volunteered to be involved in shoreline restoration projects, several different types of problems have been identified. The general plan for this summer is to initiate pilot projects on restoration of several different types of shoreline problems. By doing so, we can then get some firm data that can be used to good advantage in future applications for funds. A number of the volunteers have indicated that they would be willing to pay for materials if they could get help on the ground in the actual restoration. In discussions with

the County, it sounds like there is a reasonable chance that summer work crews hired through the County might be able to assist us in our restoration pilot projects.

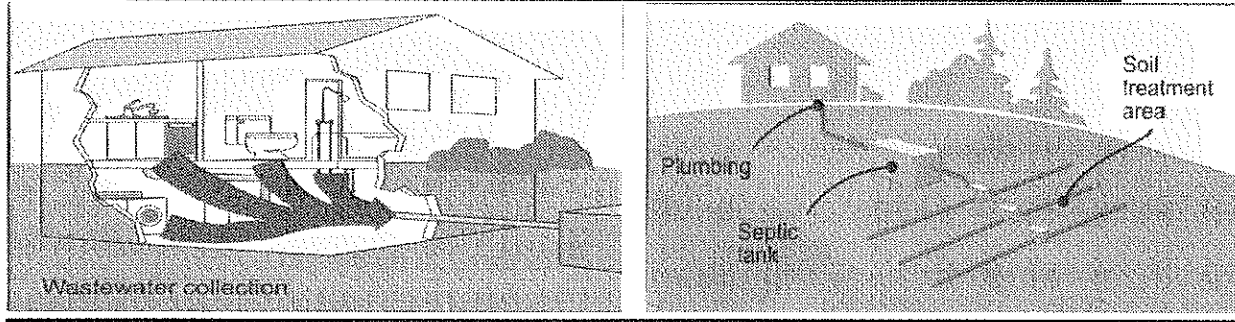
Any shoreline restoration work takes several years in order for its full effects to be felt, and we hope to be able to document over time the progress of our pilot restoration projects. One idea that has surfaced would be to organize a tour of properties on Ten Mile that have already completed their own shoreline restoration work or that have just begun. This has been done on Birch Lake for several years. If any lot owners would be interested in being involved in, participating in, or organizing such a tour, please contact me, and we'll try to get something going this summer.

#### **LAND ACQUISITION & CONSERVATION**

**EASEMENTS.** Over the winter there have been discussions about options for preserving several parcels of environmentally sensitive land within the Ten Mile watershed. As may be imagined, such discussions are often very complex and involve many different factors. There is every indication that substantial amounts of money will be made available to assist individuals with costs associated with placing conservation easements on their property. In addition, both state and federal agencies periodically receive funding that would allow them to purchase important parcels of land. They commonly wish to work with the local lake association to devise cooperative ways of land preservation. The TMLA has been made aware of several such options and will be evaluating their feasibility. Look for more information on these in future Newsletters.

**LOOKING AHEAD.** This past year the TMLA has been involved in some very productive discussions with representatives of a wide variety of County and State agencies, and the level of cooperation, in my estimation, has been outstanding. Much of this is due to the activity and enlightened concern of members of the Association. I am very optimistic that very good things will be happening to our lake in future years. An engaged membership of a lake association is one of the most important determinants of support for a lake by governmental agencies, and I'm pleased that in that regard, Ten Mile Lake is viewed quite favorably. Keep tuned, and I hope that there will be more good news for our lake in the near future.

## Maintenance of Septic Tank Systems



Information obtained by Marty McCleery, Chair, Healthy Lakes Committee

Septic Tanks and their maintenance are an important concern for each household on Ten Mile Lake. Your personal health and the environmental health of Ten Mile Lake depend on you to keep our lakeshore environment safe. I recently obtained a copy of the University of Minnesota Extension Service Guide to an Onsite Sewage Treatment Program, from the Water Resource Center, College of Food, Agriculture and Natural Resources Sciences, **Revised 2008**. I thought you would be interested in several of the report's suggestions and recommendations for best management practices.

**Definition:** A septic system is professionally designed to treat sewage for a specific home, business, or group of properties. Proper treatment of sewage recycles water back into the natural environment with reduced health risk to humans and animals, and also prevents surface and ground water contamination.

### **Risk to Human and Animal Health**

It is unhealthy for humans, pets, and wildlife to drink or come in contact with surface or groundwater contaminated with sewage.

Inadequate treatment of sewage allows bacteria, viruses, and other disease-causing pathogens to enter surface and groundwater. Hepatitis, dysentery, and other diseases may result from pathogens in drinking water. Disease-causing organisms may make lakes or streams unsafe for recreation. Flies and mosquitoes that are attracted to and breed in wet areas where sewage reaches the surface also may spread disease.

Inadequate treatment of sewage can raise nitrate levels in groundwater. High concentrations of nitrate in drinking water can be a special risk to infants, pregnant women, and adults with compromised immune systems. Nitrate affects the ability of blood

to carry oxygen; in infants this condition is called methemoglobinemia (blue-baby syndrome) Air quality may be affected by a septic system; an inadequately vented plumbing system may release odorous or toxic gasses into the home.

**Risk to the Environment** A septic system that fails to fully treat sewage may allow excess nutrients (phosphorus and nitrogen) to reach nearby lakes and streams, promoting algae and plant growth. Algal blooms and abundant weeds may make lakes unpleasant for swimming, boating, and other water-based activities. This plant growth can also affect water quality for fish and wildlife habitat. As plants die and settle to the bottom, they are broken down by bacteria that use up oxygen fish need to survive.

Many synthetic cleaning products, pharmaceuticals, and other chemicals used in the house can be toxic to humans, pets, and wildlife. If allowed to enter a septic system, these products may reach groundwater, or nearby surface water.

**Treatment Reduces Risk:** Microorganisms in soil treat wastewater physically, chemically, and biologically before it reaches the ground water, preventing pollution and public health hazard. As septic tank effluent percolates through the soil treatment area, it is purified and in most cases requires no treatment at all before being consumed. However, when the soil is overloaded with water, or when a specific contaminant cannot be treated by the soil, the quality of the underlying groundwater may change significantly. **Even systems that appear to be working well or were previously permitted because they were thought to provide good treatment may allow nutrients or pathogens to reach surface or groundwater.** The only way to guarantee effective treatment is to have a trained professional ensure adequate unsaturated and



suitable soil exists below the soil treatment area to allow for complete wastewater treatment.

### **Improving Septic System Performance: Room by Room:**

#### **ALL ROOMS:**

- Do not use antibacterial soaps and cleaners.
- Limit use of bleach-based cleansers and detergents. Use more elbow grease.
- Repair leaky faucets and toilets.

#### **BATHROOM:**

- **Only** human waste and a moderate amount of plain toilet paper should go down the toilet—nothing else. Toilet paper should break down easily.
- Do not flush any other products or items. The toilet is not a garbage can.
- Do not use “every flush” toilet bowl disinfectants; they introduce a chemical each time you flush.
- Do not use disposable toilet brushes. Throw them in the trash if used.
- Install low-flow showerheads and low-flush toilets.
- Reduce or eliminate the use of drain cleaners.
- Do not use cleaners that automatically spray shower stalls after each use. This introduces more chemicals.
- Use bath oils, soaps, shaving creams and products sparingly.
- Avoid laundry or other large water uses while using the shower. Large whirlpool bathtubs use large volumes of water which may overload the system. Be sure the septic tank has adequate capacity.
- Shut off water while shaving and brushing teeth.

#### **KITCHEN:**

- Use gel or highly biodegradable dish-washing detergents. Purchase those with zero phosphorus.
- Choose a water-conserving dishwasher. Scrape dishes well before placing in the dishwasher.
- Do not use a garbage disposal or dispose of vegetables, meat, oil, coffee grounds, and other undigested food products in the septic system.
- Be sure there is a shutoff valve on the drinking water device so the system does not run continuously.

- Keep a pitcher of drinking water in the refrigerator.
- Reduce the use of drain cleaners.

#### **LAUNDRY:**

- Use liquid or highly biodegradable powdered detergents with no clay filler.
- Only use detergents containing bleach when absolutely necessary.
- Use the minimum amount of detergent or bleach required to do the job.
- Select a front-loading washing machine which uses 40-65 percent less water, or a new water-efficient top-loader when replacing your washer.
- Distribute wash loads evenly throughout the week to avoid overloading the system. A good rule of thumb is one load per day.
- Wash only full loads when possible. Adjust the water level to fit the load.
- Install a filter on the washer to remove lint and an effluent screen on the septic tank outlet baffle.
- Avoid installing a second floor laundry. It reduces septic tank performance due to the rapid speed of water entering the tank.

#### **BASEMENT, UTILITY ROOMS, & LAWN-SPRINKLING:**

- Re-route the recharge effluent from water softeners, iron filters, and other treatment filters **outside** of the septic system.
- Route condensation water from a high efficiency furnace outside of the septic tank to prevent freezing problems. It can run to a sump pump, be directed to a soil treatment area or drywell, or vented directly outside the house onto the ground.
- Recharge your water softener as infrequently as possible. If replacing, look for an on-demand system.
- Be sure sump pumps, floor drains, roof drains, and other methods of routing water away from the house are not going into the septic system.
- Route chlorine-treated water from hot tubs and pools outside the septic system.
- Install a water meter to monitor water use.
- Dispose of solvents, paints, antifreeze, and chemicals through recycling and hazardous-waste channels. Do not wash paint brushes in the sink.
- Be sure your automatic lawn sprinkler system is zoned to minimize watering over the soil treatment area.

## FISHING CHATTER

*By Bob Horn, Chair, Fisheries Committee*

What a difference a year makes! Last year on April 1st we had 8 feet of snow to shovel and this year I'm raking dead grass with temps in the 60s. The ice on local lakes is turning a dark gray color and soon will be ice free. Ten Mile Lake and Walker Bay are always the last lakes in this area to be ice-free with the average date of April 26th. It will be much earlier this year!

Last fall the DNR was at the TML access to release many walleye fingerlings. The total poundage was 2600 pounds. As you can see by the picture, the average size was about 6-8 inches. We now have about 40,000 more walleyes swimming around in the lake. It will take about 3-4 years before these walleyes reach 15 inches in length. More than half of the stocked fingerlings will fall to predators. Ten Mile is one of 900 lakes in Minnesota that are stocked with walleyes. According to the DNR when done well, stocking can work wonders. Hundreds of Minnesota walleye lakes would today offer little or no walleye fishing were it not for regular stocking

The walleye/northern pike opener for this year is May 15th. The bass opener comes two weeks later on May 29th. The DNR offers a Conservation Fishing License for less money, but only to Minnesota residents. However, the possession limits are half of



what can be taken with a standard angling license. Because of warmer water temps, this year's fishing opener should be much better than last year's. Remember the Northern Pike regulation is still in effect for Ten Mile Lake: any Northern Pike 24-36 inches in length must be immediately released. One Northern Pike over 36 inches is allowed in possession. Also, you can still keep 6 walleyes, but only ONE over 20 inches.

If you observe any violations of our fish resources, please call the TIP hotline at 1-800-652-9093

## THE LOON JOURNAL

*by Kim Mae, Loon Committee*

In April and May we all looking forward to the day the ice goes out and the male loons return to Ten Mile Lake — soon to be joined by the female loons. It is exciting for us to watch their courtship play out with bill dipping, synchronized swimming, posturing and choosing a nesting site.

During early spring, loons are returning to old territories while some are trying to establish a new territory on our lakes and bays. You may see loons challenging each other in a vicious battle for a new female partner and new territory.

Once a nesting site is established, one to two eggs are generally laid. Both male and female loons help incubate the eggs for 26-28 days. This is a dangerous time for our loons, especially during the opening of fishing season and Memorial Day weekend.

Please watch the loons from afar! The loons will abandon their nests and incubation will be interrupted if we get too close. A boat wake can destroy a nest or cause the loon parents to abandon it as well. **GIVE LOONS THEIR SPACE.** If you see another boater getting too close to a loon nest, kindly inform them that there is a nest near-by and they need to keep their distance. **Do your part to protect our loons!**

As we wait for the loons to return, you might enjoy listening to their calls. Log on to [www.ns.ec.gc.ca/wildlife/loons](http://www.ns.ec.gc.ca/wildlife/loons) (Images & Sounds).

Please note that Pam Perry, MN Loon Watch Coordinator, will be the speaker at Ten Mile Lake's 2010 Annual Meeting

## THE HISTORY PAGE

### NOTES FROM THE DIARY OF ABE WEST

*by Duane Moran*

Abe West was a Ten Mile Lake resident from 1935 to 1951. He purchased his property on July 24<sup>th</sup>, 1935, after having resided in St. Cloud, MN. He was the first neighbor up the Boy River to the north of the Moran Homestead, and was located just south of the Albert and Lydia Thomas Farm. Our other neighbors at the time we moved into the old Lathrop home in late June of 1944 were the Kent family to the east and the Mabel Bostrom family to the west. Abe's land was tax-forfeited land previously owned by a William T. Blakely of Crow Wing County, MN.

Abe had a patent from the United States of America signed by President William McKinley, dated June 11, 1900. The property had forfeited to the State in 1926. Abe purchased it for back taxes, which back then, even for seven years worth, couldn't have been very much because in his daily diary on Thursday, January 24, 1937 he sent \$1.60 to the Cass County treasurer for 1936 taxes.

Abe kept a diary every day of his life on Ten Mile Lake. How did I get my hands on these diaries? Well, I have two of them saved from a fire: 1937 and 1950, and that will eventually tell the tale. Here are a few entries from what Abe wrote in his daily diary:

**Sunday, March 7, 1937**— Seen first crow. Read Bible first thing after fire built in the morning. Cooked rutabagas. Washed pans and dishes. Got last fire wood in house. Filed partly and sharpened hand hatchet two hours on emery stone. Pretty hard to arrange eats. No meat, no potatoes, butter, or ole (sic). Did lots of thinking about my financial shape . . . only 36 cents.

**Tuesday, March 16, 1937** — 34 years ago today poor old Mother died. Cutting popple trees all day for 1937 and 38 winter wood. Sunshine most of the day but real raw day. Put baking powder in noodles for soup and spoiled it. It all ran to glue. No news today, only cutting logs all day. Reading bee book evening.

**Saturday, August 19, 1950** — Learned something new by cutting toenails with tinsnips.

**Wednesday, August 23, 1950** — Quit snuff.

Also, in his 1950 diary he mentions that on Monday, May 15 "The last of the ice went out of the bay." Some of you old-timers out there may remember what the fishing opener was like that year on Ten Mile Lake.

### In Memoriam — John Alden

Many of us are mourning the death of John Alden, who experienced a fall in his home on April 4, 2010, suffered a serious fracture of the skull, and died on April 16, 2010 after many days in the hospital in Fargo. He had been taken off life support and moved to a nursing facility in Walker.

John has offered a vital presence in the Ten Mile Lake Association: he served twice as president, and for many years has been our Watershed Coordinator, keeping up with developments in various State, regional, and County organizations and successfully applying for important grants to support our environmental programs.

We will miss him. A full obituary will be included in a later issue.

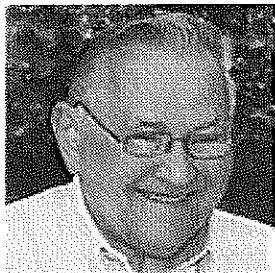


## V. REMEMBERING OUR TEN MILE LAKE FRIENDS

### Rodney F. Anderson

Rodney F. Anderson, 76, of Brooklyn Center, Minnesota, passed away Saturday, April 10, 2010, just 7 days before his 77th birthday, surrounded by his immediate family.

Rodney was a lifetime resident of Minnesota; born in Austin, raised, and graduated from Hackensack High School, and a resident of Brooklyn Center the last 40 years. He was a proud Navy man, a member of the American Legion, and a man that "only deals in facts." He will truly be missed by family and friends. Rodney is survived by his wife of 53



Rodney F. Anderson

years, Donna; sons, Duane (Janet) and Rodger (Suzanne); his 4 precious grandchildren, Blane, Samuel, Logan, and Kaitlin; his sister, Bette Posey; and numerous nieces and nephews. He was preceded in death by his father, Earl; mother, Loraine; and brothers Roger and Robert. A memorial service was held Saturday, April 17, 2010 at the Dennis Funeral Home in Walker with Rev. Robert Dennis officiating. Following the service, family and friends gathered at the Anderson residence on Ten Mile Lake, where stories about Rodney were shared.

*(Information from the Minneapolis Star Tribune, April 13, 2010.)*



### Gail V. Dahlstrom

Gail V. Dahlstrom, 76, died on Sunday, January 24, 2010, at Abbott Northwestern Hospital in Minneapolis, after a long battle with kidney cancer. Gail was born in 1934 to Dr. Linnaeus and Gladys Idstrom. She was crowned Miss Deephaven in 1951. She also was a National Collegiate Player for her on-stage performances at Gustavus Adolphus College in St Peter, MN, where she majored in English and Drama. From 1957 to 1962 she worked at the former Bryant Junior High School in Minneapolis, where she taught English to seventh-graders and directed plays and musicals. Harry (Butch) Davis, a former student, said of her, "She was student's teacher, and

students looked forward to her class because she made it fun."

In 1957 Gail married Dr. Donald D. Dahlstrom. She is survived by her husband; four daughters, Deirdre (Christopher) Hultgren, Alissa (Eric) Canfield, Amelia (Adam) Gislason, and Enid (Shane) Mason; nine grandchildren; and brother, John Idstrom II.

Gail was a founding member of the Courage Center Auxiliary in the 1970s, and for more than 30 years, coordinated special events that raised more than \$3 million. She started the Courage County Fairs, at which people with disabilities sold artwork, greeting cards, dolls and towels they had made. For her efforts she was given the Sweetheart Award by the Auxiliary. She also coordinated fundraising events



Gail Dahlstrom

for the Minnesota Opera. During the 1970s, she received the Tom Tipton Micah Award for her efforts to make life better for people who were hurting.

For 17 years, Gail directed a three-day summer retreat for the Minnesota Christian Ashram held at St. John's University in Collegeville, MN. She was board member of the W. Harry Davis Foundation, a member of the Minneapolis Women's Club, and a longtime member of Augustana Lutheran Church, where she taught Sunday School, served on several boards, and headed up the Community Emergency Services, the church's ministry to inner-city poor.

Gail's parents were introduced to Ten Mile Lake by Gertrude and Dr. Allrich Hertzman in 1940, when the Idstrom family was living at Ah-guah-ching. They bought their own cabin in 1943, in Fernhurst, on the South Shore. In the Ten Mile Lake history book, Gail describes the many summers she spent at the Lake as a child and later with her own children. It was clearly a place she loved and thought of as home.

*(Information for this article was taken from articles in the Minneapolis Star Tribune, including "Gail Dahlstrom, volunteer, 'just gave and gave'", by Tim Harlow, January 29, 2010; and from Ten Mile Lake History, 200 Years.)*



### Laura Dailey

Laura Christensen Dailey, 97, died Jan. 1, 2010, at Green Hills Health Care Center in Ames, IA. She was born Sept. 9, 1913, in Urbana, Ill., but grew up on a farm in Story County, the daughter of Verna (Johnson) and Nels Christensen.

She graduated from Ames High School and from Iowa State University. She was a member of several honorary societies and received her degree as an honor student in home economics journalism. Following graduation, she served for several years as a reporter for the woman's page of the Washington, D.C., Times Herald.

In 1938, she was married to William Dailey in Ames, and the couple spent the first 10 years of their married life on a farm near Roland, moving to Ames in 1950. From 1953 until she retired in 1980, she was employed by the ISU Alumni Association and the Development Office (where she worked for **Bob Crom**, who was the Director of the Alumni Association). For 27 years, she earned the affection and admiration of alumni around the world who regarded her not only as a fine editor, knowledgeable speaker, ombudsman and unofficial alumni archivist, but as a personal friend. For several years, she served as editor of the *Iowa State Alumnus* and at the time of her retirement was assistant to the director of Alumni Affairs.



Laura Dailey

She was well known as the author of the book, "Green Hills-A Pictorial History of Iowa State." In 1980, she was recipient of the Alumni Association Distinguished Service Award. She truly expressed the great spirit of Iowa State.

Laura's parents first came to Ten Mile Lake as friends of the Adams family, at Camp Iowa

on the North Shore, in the 1930s, when Laura was working in DC. She did not come until 1946, when she came with her husband and first child to stay with her family, the Christensens, at the Camp. After many years the Jensen family bought the Camp and sold half of it to the Christensen family members. Laura's story in the Ten Mile Lake history includes many wonderful tales of other Lake families, fishing, skunks, and life at the Lake.

She was a member of First United Methodist Church of Ames. She was preceded in death by her husband in 1978, and by her son, William Dailey Jr., in 2007. She is survived by daughters Susan Donaldson (Larry), of Nevada, and Christie Dailey of Chicago; granddaughters Sarah Dailey of Madison, Wis., and Amy Williams (Clayton) of New Orleans; great-grandchildren Kyle Dailey, Barrett Williams and Hudson Williams; sisters Betty Christensen and Mary Lou Nissley, and a brother, Andy Christensen.

A service was held on Tuesday, January 5, 2010 at First United Methodist Church, Ames.

(Information from the Ames Tribune, and Ten Mile Lake History, 200 Years.)



### Vivian E. Fjelstad

Vivian E. Fjelstad, 85, of Woodbury, Minn., and a summer resident on Ten Mile Lake near Hackensack, Minn., died Friday, Dec. 4, 2009.

She graduated in 1946 from Concordia College in Moorhead, Minn., where she majored in home economics and biology. She retired from teaching in 1952 to raise a family. She is survived by Luther, her loving husband of 61 years; one son, Mark, of Nerstrand; one daughter, Margo (Brian), Egerman of Roseville; two sisters, Mil Johnson and Grace (Jim) Jacobs; two sisters-in-law, Maxine Thorkelson and Margaret Fjelstad; and many other loving relatives and friends.



**Vivian Fjelstad**

many national ALCW Conventions.

She valued her friends who were fellow members of the Martha Circle. She enjoyed bridge, travel, reading, family gatherings and sunsets at beautiful Ten Mile Lake. The couple previously lived in Henning, Grand Forks, Grand Meadow, Emmons, Wells, New Ulm and in Woodbury since 1971.

The Fjelstad family history describes the many ways they appreciated and enjoyed Ten Mile Lake and its setting – except for fishing. On that subject, they claimed to be “the fishes’ best friends.” They preferred “watching the ducks, loons, and eagles.”

A funeral service was held December 9, 2010 at Lutheran Church of Peace in Maplewood, MN.

*(Information from the Ames Tribune and Ten Mile Lake History, 200 Years.)*



### **Joanne Piazza**

A celebration Mass for Joanne Piazza, longtime teacher in the Elk Grove Unified School District, Elk Grove, Calif., was held Thursday, October 1, 2009. She died September 27, 2009, following a long struggle with leiomyosarcoma. She was 49.

She was born July 7, 1960, in Austin, MN, and graduated from Austin High School. Joanne spent her summers with her family and many friends on Ten Mile Lake in Hackensack, MN. She loved the lake and sailing, and birch trees became her favorite. In 1988 she graduated from California State

University, San Bernardino, with a liberal studies degree and a teaching credential.

In 1989 she began her teaching career with the Elk Grove District at Isabelle Jackson Elementary School and stayed there for the next 20 years, teaching kindergarten, second-, third- and fourth-grades. “Her warm and caring personality was a benefit to all, including all of the children whose lives she touched,” said Joe Way, the principal who hired her.



**Joanne Piazza**

Current Jackson principal Martin Fine said, “Joanne has dedicated the last 20 years to the students and community of Isabelle Jackson ... She had a unique way about her that shed constant energy and joy to those around her. In our most stressful days at school, she was always first to remind us that they are just kids, which would always seem to level us so we could get back to what she and the rest of us love ... having fun and educating children.”

Friend Karen Mayo said that “to know Joanne was to know grace and peace,” and friend Lisa Lent’s comment was that “Joanne’s passion for life, for living and for love was always present in her actions. What a beautiful gift to the world and her family.”

Although diagnosed with leiomyosarcoma in May 2006, “Joanne was an inspiration for the elegance with which she demonstrated a will to live with enthusiasm,” her family said. “She had a [CaringBridge.org](http://CaringBridge.org) Web site that had over 21,000 hits of family and friends who not only followed but participated in her experiences of triumph and pain.”

Just before taking up her teaching career, she married Joseph Piazza Aug. 5, 1989, school administrator for the Folsom Cordova Unified School District. He survives her, as do her children, Chris Kelly of New York City, Janelle Kelly of Elk Grove and Katie Piazza, attending Sonoma State Univ.

She was the daughter of Jimmy and Karen Kellogg of Walker, MN; and sister of Jeff (Kristi) Kellogg and two children of Nashville, TN., David (Jamie) Kellogg and three children of Walker, Minn.,

and Dan (Beth) Kellogg and three children of Wadena, Minn.

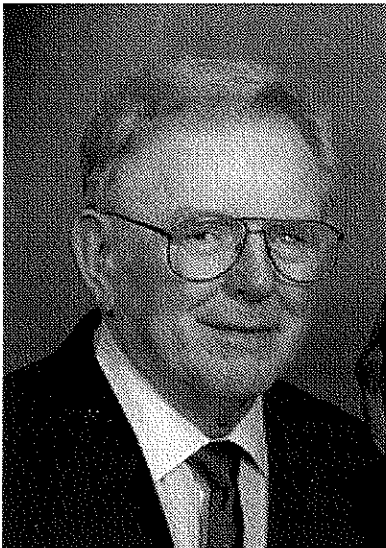


### James Lee Sandelin

James Lee Sandelin, 79, of Hackensack, MN died peacefully Thursday, February 18, 2010 after a courageous 15-month battle with cancer. Services were held February 22, 2010 at St. Paul's Lutheran Church in Hackensack.

Jim was born in St. Peter, MN to Helge and Margaret Sandelin. He was a graduate of St. Peter High School and, in 1953, of Gustavus Adolphus College in St. Peter. He was a veteran of the U.S. Navy.

He married Donna Vollan in 1956, and the couple spent the next 39 years in Browerville, raising their three children. An active member of the community,



James Lee Sandelin

he served on several boards and committees, enjoyed public service, and valued making contributions to the community. The couple retired to Ten Mile Lake in Hackensack, where he had spent many summers as a young boy. He enjoyed fishing, and the lake and all it had to offer.

He had a great passion for music and was an avid bridge player and a crossword puzzle wizard.

Jim lived his life with deep faith, dignity, and endless enthusiasm for his family. He was a role model and teacher of life for all of us. He is survived by Donna, his wife of 54 years; two sons, Mark (Pam) and Paul (Angie); one daughter, Kristi (Bob) Brandt; grandchildren Eric and Britta Sandelin and Jack Brandt; step-grandchildren, Carl and Carolyn Sneepe, Amber, Cole and Mindy Howard, and Alyx Brandt Gunderson; one sister Karen (Walter)

Northrup; and brother-in-law, Paul (Sandra) Vollan. He was preceded in death by his parents.

*(Information from the Walker Pilot-Independent, February 14, 2101.)*



### Alden Irving Skreen

Alden Irving Skreen, age 85, of Long Lake MN passed away October 15, 2009. He grew up in North Minneapolis. In 1942, he joined the Navy and served until 1945, through World War II. While he was in the Navy, he achieved the rank of 3<sup>rd</sup> Class Petty Officer (Coxswain) and earned medals for good conduct, Pacific Theater, and one star. After he got out of the service, he dated, and later married, Bette Anne Ye, of Bryn Mawr, (Minneapolis) MN. They were married for 63 years.

In Long Lake they raised four boys. Alden worked at Northwestern Bell Telephone for 37 years. He was a member of the Orono Lions' Club for 38 years, serving as president from 1976 to 1977. In 2008, he was honored as Long Lake Man of the Year, along with his long-time friend Tom Furnham.



Alden Irving Skreen

Alden loved spending time with his family at Ten Mile Lake in Hackensack, which he had been doing for 60 years.

Alden was a faithful and fun-loving husband, father, grandfather, great-grandfather, brother, uncle and friend. His sense of humor was recognized and enjoyed by all. He was generous and loving to his family and friends.

Alden is survived by his wife, Bette; sons Fred (Terry), Dale, Tom and Tim; six grandchildren; six great-grandchildren; and many other family members and friends. A funeral service took place on October 20, 2009 at Messiah Methodist Church in Plymouth, MN. Interment was at Fort Snelling, with full military honors.

*(Information provided by the Skreen family.)*





### Esther Goodman Sunstrom

On October 1, 2009, Esther Sunstrom passed away peacefully in her sleep at the Evangelical Free Church Home where she and her husband Frank had resided for the past five years. Esther Lucille Goodman was born in Colfax, Iowa on October 31, 1914, to Oscar and Ellen (Larson) Goodman. Raised in Madrid, Esther graduated from Madrid High School, and then attended the University of Iowa and the University of Colorado in Boulder, CO. She taught in rural and consolidated schools in Boone County and eventually served as Deputy County Superintendent of Schools for the ninety-nine country schools in Boone County.

On December 9, 1943, she married Dr. Frank F. Sunstrom, a Boone native. Following their marriage, they lived three years in the Oceanside, California area during Frank's tour of duty as a Naval dentist. Following World War II, they returned to Boone where Dr. Sunstrom practiced dentistry for the next 42 years. They raised two children, Lynn and Jon.

Esther served on the Women's Auxiliary to the Iowa State Dental Association for six years, serving in all offices and finally as State president. She also served as International Chairman of Dental Health and on the Council for the Madrid Home. A member of the Augustana Lutheran Church, Esther was active in guild work and Sewing Club. A life-long learner, Esther was a sixty-one year member of Chapter DD, PEO, a member of Lowell Study Club and Nathan Boone Questers, and served as a guide at the Mamie Eisenhower birthplace. An avid reader, she also loved to knit, play bridge, golf, follow the Iowa Hawkeyes, and travel with her husband. She most enjoyed spending time with her family, especially at their cabin on Ten Mile Lake.

Preceding Esther into eternal life are her parents, Oscar and Ellen Goodman; her brother, Otto (Mary) Goodman; her sister Anna (Tali) Jones, and her twin sister, Edith (John) Turner. She was survived by her husband, Frank Sunstrom; daughter and son-in-law Lynn and John Johnson of Boone; son and daughter-in-law Dr. Jon and Deborah Sunstrom of Boone; grandchildren, Jeff Johnson of Seattle Washington, Joe Johnson; of Boone, Anna Sunstrom and Wil Sunstrom, both of Boone; great-granddaughter Dory; nephew J.D. Turner of Savannah, GA; and niece Audrey Mills of Grinnell.

Memorials may be directed to the Augustana Lutheran Church; the American Cancer Society; or

PEO Foundation, PEO Executive Office, 1700 Grand Avenue, Des Moines, IA 50312-2899.

*(Information from the Des Moines Register, October 4, 2009, provided by Jack Adams.)*

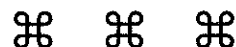


### Dr. Frank "Sank" Sunstrom

On December 25, 2009, Frank Fredrick Sunstrom, 98, passed away at the Evangelical Free Church Home in Boone, Iowa. A memorial service was held on December 31 at the Augustana Lutheran Church in Boone. Frank was preceded in death by his wife Esther, his parents Frank and Anna Sunstrom, sister Francis (Russell) Mackey, and brothers Charles and James Sunstrom. He is survived by his children Lynn (John) Johnson and Jon (Deb) Sunstrom both of Boone, and grandchildren Jeff Johnson of Seattle WA, Joe Johnson, Anna Sunstrom and Wil Sunstrom, all of Boone, IA. and a great granddaughter Dory.

Born in Boone on August 2, 1911, to Frank W. and Anna (Olson) Sunstrom, Sank graduated from Boone High School in 1929, Boone Junior College in 1932 and the University of Iowa College of Dentistry in 1940. Dr. Sunstrom then returned to his hometown where he established his dental practice. In 1941 he enlisted in the Navy, where he served as a dental officer. On December 9, 1943 he married Esther Goodman, and they resided in the San Diego area until his discharge from active duty at the end of WWII. Frank and Esther then returned to Boone where he continued serving in the Naval Reserves until 1972 and in his dental practice until retiring in 1981.

A lifelong member of Augustana Lutheran Church, Sank was also active in Kiwanis, the Iowa Dental Association, American Legion, and the Elks Club. An avid Hawkeye fan, he also enjoyed golf, hunting, fishing and time spent with his family on Ten Mile Lake in Minnesota. His summer visits there began on Boone Point with his parents and siblings in the early 1920's and continued with his own family until his last visit to the cabin on Lower 10 Mile for his 92nd birthday. His love of photography left a documentation of many wonderful memories.



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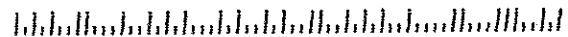
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