



Ten Mile Lake Association

# Newsletter

Summer 1987

## NOTICE OF ANNUAL MEETING

The Association's annual meeting will be at the Community Building in Hackensack at 7:30 p.m. on Saturday, Aug. 1. Doors will open at 7 o'clock for refreshments and visiting; the formal meeting begins at 7:30. The program will be of special interest to all you Ten Milers who have wondered about those tiny, silvery fish that occasionally show up on our beaches. They are dwarf tullibeets, piscatorial oddities that inhabit Ten Mile's deepest waters, apparently by the millions. Our program speaker will be Ted Halpern, a doctoral candidate at the University of Minnesota, who has made our dwarf tullibeets the subject of his dissertation. There will, of course, be the usual brief business session and election of officers and directors. Let's have a good turnout for what promises to be a fascinating program.

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DUES NOTICE: Membership dues of \$10 per family (that includes dependent children) for the fiscal year August 1 through July 31, 1988, should be mailed to the Association Secretary in the enclosed envelope. Make your check payable to the Ten Mile Lake Association. Married children, other relatives and anyone using your lake home regularly are encouraged to join. Please return this form with your dues by September 1. If you are wondering why no membership card is enclosed, as has been the practice in past years, it is because the Board voted to discontinue their use. It was felt the cards served no real purpose and, therefore, represented an unnecessary expense.

A reminder: Both dues and contributions are tax deductible.

NAME \_\_\_\_\_

STREET \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME TELEPHONE \_\_\_\_\_ OCCUPATION \_\_\_\_\_

HACKENSACK ADDRESS: HC 75, Box \_\_\_\_\_ Tel. \_\_\_\_\_ Fire No. \_\_\_\_\_

DEPENDENT CHILDREN \_\_\_\_\_

## NEW MEMBERS ADDED TO ASSOCIATION ROLLS

Since publication of the Spring Newsletter and the 1987 Directory, we have gained 6 new members. We welcome them into our Association:

BIRKHOLZ, John C. and Sandra  
Calle San Rafael 18  
Alicante, Spain Ph. 011-34-65-210344  
HC 75, Box 290  
H 2345

BRANDT, George and Sue  
9890 Monticello  
Olathe, KS 66061 764-2756  
HC 75, Box 632 675-6175  
Occ: Sales  
S 5359

KAMMERER, David and Ellie  
8225 30th Ave. North  
Crystal, MN 55427  
HC 75, Box 952 675-6272  
Occ: Minnegasco Credit  
Ellie - Inn at the "Y"  
Children: Kimberley, Alyson, Michelle  
L 1361

NELSON, David and Mary  
4701 Townes Road  
Edina, MN 55424  
HC 75  
Children: Abby, Katherine  
H 2135

RAUB, Larry and Roberta (Schwartz)  
3166 S. Kalispell Ct.  
Aurora, CO 80113  
HC 75, Box 866  
Children: Cassandra, Cambria  
S 5063

Schmidt, Steve and Melissa  
809 Layton  
Olathe, KS 66061  
HC 75, Box 774 547-3214  
Occ: Civil Engineer  
Melissa - Speech Therapist  
S 5145

Reminder from the mail carrier: In order for mail to be forwarded, it will be necessary for you to fill out an updated change of address card at the Hackensack Postoffice.

## SAILBOAT RACES SCHEDULED IN AUGUST

Dave Brandt, commodore of the Ten Mile Yacht and Tennis Club, is hoping to revive sailboat racing this summer.

The first races on July 4 drew only four boats, "but it was a start," said Brandt.

Averages of the races showed TM9 in the lead in two races, one skippered by Dave Brandt and the other by Charles Brandt. Second was TM3, skippered by Kerry Running.

Final event will be the Moxness Cup on Saturday, Aug. 15, with races starting at 10:30 a.m.

Brandt encouraged other craft to enter that day. Brandt said they can be handicapped to make it interesting. He asked those awarded traveling trophies in past years to return them. For information call 675-6445.

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## LOG CABIN DESTROYED BY FIRE

One of the most spectacular and costly fires on Ten Mile Lake in many years destroyed a large log cabin on Batcheller Bay July 7.

It was discovered burning about 8:15 a.m. The fire could be seen across the lake and many came by boat to watch the blaze, which shot flames high above the tall pines.

Several neighbors called the Hackensack Fire Department, which soon had the flames reduced by pouring on water. The firemen put floating pumps in the lake to keep water available after their tanks went dry. Because there was virtually no wind, adjacent cabins were not seriously threatened.

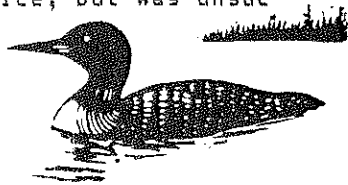
Dr. Byron Hoffman and his wife, Rose, of International Falls, had the cabin under construction for a year. Its first use, though only about 75 percent completed, was the July 4 weekend when 40 guests camped there.

Dr. Hoffman said their future plans for the property are uncertain. The Hoffmans have a summer place on the same bay and previously owned a cabin on Long Bay. -- Bill Macklin.

## LOON CENSUS SHY THIS SUMMER

Ten Mile Lake appears to have had a smaller hatch of loons than usual. One veteran loon watcher, Joanne Roberts, said her observations by the end of June showed only three chicks from four hatches.

One pair laid eggs twice, but was unsuccessful in rearing. Altogether there were four pairs, the usual census, in the major bays.



Eagles appear to be doing better. The Chippewa National Forest, in which portions of Ten Mile are located, had 125 breeding pairs this spring. This is a record for the forest, which has the highest density of bald eagles in the continental United States. During the eagle survey a pair of trumpeter swans also was identified.

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## PARK POINT DEVELOPMENT BEGAN IN 1947

A lumber yard owner, a banker and a cottage builder developed Park Point on the northwest shore of Ten Mile Lake. Clarence Elsenpeter, now retired from the banking profession and the lone survivor of the trio, told the story recently.

"Glenn Witham, Sr., had the lumber yard, Al Woock was a builder and I handled the business end," said Elsenpeter.

They purchased 3,500 feet in one piece from the estate of Adolph Charles Kleinegger, whose affairs were being probated by Ed L. Rogers, Cass County Attorney. John W. Curo, Walker, did the survey and platted the property. The plat was filed just 40 years ago--July 14, 1947. It was one of the largest pieces of Ten Mile lakeshore still available.

All lots were 100 feet. Deepest was 322 feet and shallowest 129. None had a sandy beach, the shoreline ranging from an elevation of 4 to 30 feet and generally rocky. "At the time there was no road behind the property for ac-

cess," said Elsenpeter, "but the county built one, Cass County No. 71."

Elsenpeter selected lots 1, 2 and 3 on the north end and closest to Cass No. 50, which then was not blacktopped. He built two cabins there. They are yellow and lightly screened from the road by trees.

First lots sold were to Dr. William R. Hamsa and his wife, Anna Marie, of Omaha, Neb. They bought lots 4 and 5 in 1950 for \$900 each and named their place "Bone Acres" after his medical specialty, orthopedics. Dr. Hamsa died here in 1980 and Anna Marie retired in their lake home. All of the shoreland has been built on now, except for the tip of the point.

Elsenpeter, now 87, took a liking to Ten Mile Lake on his first trip to Walker from Maple Lake to interview for a job in the First National Bank of Walker. It was 1924. "The road went close to the lake," he said, "and I was impressed right away."

When Clarence and his wife, Sadie, moved up to the north country, he took her to Ten Mile for a picnic. "She fell in love with Ten Mile, he said, "and remarked, 'we've got to have a place here some day'."

Arlo Abraham, former owner of the campground on Lundstrom's Bay, and Robert Moe were the most recent builders on Park Point. They are inside the reef marking Flower Pot Bay.

Glenn Witham, Sr., worked in lumber yards at Walker and Backus before buying and interest in the Hackensack yard. He died in 1964. Al Woock died in 1971, leaving a record of residential construction during the period of fast growth on the lake. He was associated with Fred Hagan in acquiring property and building cabins along the northwest shore.

Woock also has numerous credits on the south shore, including most of the buildings for the original owners of Camp Hillaway, Helen Hill and Louise Yaeger, as well as for the women who bought them out, Catherine Cram and Helen Dalton. Hillaway was sold to Robert Crabb and friends a decade ago. -- Bill Macklin

## RADIO BROUGHT WORLD TO RETIREE

By Bill Macklin

One place on our lake stands taller than all the rest. Back from shore are four high metal towers, their tops looking down on 100-foot pines. Wires sagging between the towers suggest antennae to send and receive signals.

It is far from the blacktop road and guarded on one side by a tamarack bog, altogether a setting with a certain mystery. Who lived there?

It wasn't until Andy Schaefer died in May that we learned the occupant was a retired person who had more friends and acquaintances out in the world than most of the rest of us on the lake. Andy was a short wave radio enthusiast, a real ham.

One of his greatest joys from his hobby, said his wife, Helen, was relaying messages, such as the one he picked up from a soldier in Germany.

*"Wife has had baby," it said. "Call this number in Davenport and tell her 'mom is a grandmother'."*

Andy Schaefer wasn't a recluse by any means. But most of his friends were out on the short wave around the globe. He socialized with them. It was like a lodge or fraternity and he was a brother.

His recreation was go go fishing with his wife. They were on the lake for panfish as soon as the ice went out. They would drop their lines deep off the reef of boulders on Loufek's Point and catch rock bass.

"In summer, I would pack sandwiches in the evening and we would go fishing in all the faraway bays," Helen said. But ashore, Andy spent much of his time in his communications room with his short wave equipment. He had worked up through the ranks to N7AST, second highest in short wave.

He participated in the MARS program, which en-

courages receiving and sending messages for service personnel--to and from their families. "When he received a message," said Helen, "he would relay it to a ham in the home town of a parent or relative. If he couldn't deliver that way, he would call them up."

Andy took up his hobby in 1974 after he retired from his working days with Standard Oil in Illinois. "I've always been interested in short wave," he told Helen, "but never had the time." "By all means," she said, happy to share him with his hobby.

He went at it as he had achieved before. He had been a Boy Scout and worked up to Eagle. He started for Standard Oil on a delivery truck in 1940 and was promoted to managing stations in Moline, Ill.

The company liked his work so much they set him up in a 24-hour station complete with restaurant on I-80, a half day drive west of Chicago.

Having grown up in the Iowa lakes region, Andy knew the fun of swimming, boating and fishing--right in the front yard. He wanted his children to have the same opportunity, so Helen brought them to Minnesota for the summers. With retirement, they made summer on the lake permanent in their home on the northeast shore.

Andy was slowed by ill health in 1986. A bite by a brown recluse spider in Hawaii brought him home early from a winter trip. He doctor and enjoyed his short wave until his final breath.

At a memorial service in Hackensack, the pastor told mourners a secret: The turquoise pendant on a chain around his neck--worn at every service--was made and given to him by Andy.

"He fashioned the chain and set the stone in a sterling silver frame. He wanted it to be anonymous. But now it can be told--another of Andy's gifts to a friend."

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 \* FIRE? WHAT NUMBER SHOULD I CALL? \*  
 \* \*  
 \* The Hackensack Fire Department was called, \*  
 \* and responded, when the Hoffman cabin went \*  
 \* up in flames on July 7 -- even though the \*  
 \* property is in Shingobee Township and not \*  
 \* in Hackensack's jurisdiction. Persons in \*  
 \* Shingobee and Turtle Lake townships should \*  
 \* call the Walker Fire Department: 547-1231. \*  
 \* \*  
 \* Property owners in Hiram and Birch Lake \*  
 \* townships should call the Hackensack Fire \*  
 \* Department: 675-6161. \*  
 \* \*  
 \* If you're in doubt, call the sheriff. His \*  
 \* office will dispatch the call to the ap- \*  
 \* propriate fire department. The sheriff's \*  
 \* telephone number: 547-1424. \*  
 \* \*  
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**MISCELLANEOUS NOTES AND COMMENTS**

Secchi disk readings so far this season show little change from past years in the lake's clarity. In early July the readings were 20' in the main lake and 19' feet in Long Bay, compared with 21.5' and 19.5 feet a year ago.

Much of the ice damage to shorelines occurred late this winter when thin snow cover and a succession of abnormally warm days combined to create an extreme expansion of the ice sheet. It is estimated that, on a lake one mile wide, when the ice temperature rises from 14 to 32 degrees the ice sheet will expand laterally a total of approximately 32 inches, almost 3 feet! That ice expansion, whether at freeze-up or before breakup, is what creates the sea wall, or pressure ridge, that rings the lake. This winter's "ice power" raised concrete slabs, damaged trees, pushed up tons of rubble and fashioned new sea walls.

A summary of Twin Cities lawns tested by the U of M Soil Testing Laboratory disclosed that only 5% needed fertilizer. If you must have a green lawn, try watering it generously. That in itself may do the trick. Remember -- the fertilizer nutrients that make lawns green can

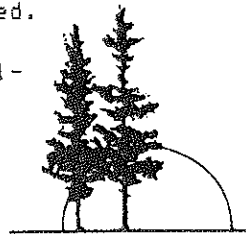
also make lakes green when they leach into the water, as they inevitably do.

Revision of the Association's articles of incorporation and bylaws has been completed. If you would like a copy of either or both, send a self-addressed, stamped (39 cents) envelope to Lois Sandell, Secretary, HC 75, Box 646, Hackensack, MN 56452.

Two Association representatives -- Ross Melgaard and Jim Schwartz -- and the President of Instrumental Research, Inc., -- Del Hogen -- conducted a culvert inspection trip around the lake's perimeter on July 11. Purposes were to (a) identify all culverts flushing swamp water into the lake, (b) develop individual recommendations for relieving or correcting problem situations, and (c) establish a priority ranking for a projected action program.

The Committee on Gifts, Grants and Memorials made a series of recommendations to the Board at its June 12 meeting as to how proceeds from the Sundin gift might be used.

The suggestions were to (a) correct situations where culverts are discharging swamp waters into the lake, (b) consider an infrared survey of the lake to detect pollution sources, (c) acquire property accessible by boat for educational and recreational use by members, (d) obtain larger walleyes for stocking purposes, (e) buy needed scientific instruments for lake monitoring, (f) install trash signs and trash barrels at public accesses, and pay, if necessary, for weekly trash removal, (g) insure good management of spawning areas. -- Jim Schwartz.



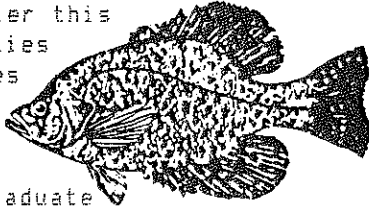
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**SEPTIC TANK HONOR ROLL**

Our Septic Tank Honor Roll includes seven lake property owners who either have new systems or had ones installed earlier but had not been reported to us. They are Thomas B. Cox, Raymond Raetz, Don Purvis, John Alden, Charles Manlove, Byron Hoffman and Mark Putney.

## NEW FISHERIES SUPERVISOR NAMED

The Walker office of the Department of Natural Resources (DNR) has a new fisheries supervisor, Harlan Fierstine. He succeeds John Kollar, who retired earlier this year. Among other duties the supervisor oversees fish stocking operations for the area.



Fierstine, 36, is a graduate of Iowa State University at Ames. He has been stationed at Fergus Falls as assistant supervisor.

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## BEAT ME DADDY, EIGHT WITH THE BRANCH

It seems quite logical that highly educated, world traveling people, like Ten Milers, would find a certain fascination with saunas.

Ruins of ancient Egyptian palaces reveal that they had baths to accommodate 10, 20 and sometimes 30 people. Aegean civilization produced advanced water systems for the baths in the palaces of Knossos and Phaistos, circa 1700-1400 B.C.

**Alexander the Great** admired the luxurious baths of Persia and India, and Greek vases depict public baths and showers over several centuries. Roman baths were famous from Pompeii to London with their Frigidarium, Tepidarium and Calidarium. In short, public baths have a long history.

The sauna of Finland and Scandinavia dates back well over 2,000 years, but the actual origins have been lost in the steams of time. Many diverse people, including the American Indian, have made use of steam baths.

**Most people of antiquity** believed fire to be sacred. Indeed, fire originally came from heaven in the form of lightning. Thus the sauna and the Indian sweat lodge became places of worship. Impurities, devils and demons were

washed away in this holy, reverent, almost sacrificial sweat bath.

Today there are about five million Finns in Finland, and it is estimated there are 700,000 saunas. Ten Mile may have 20. One of the oldest is in the Peterson compound on Batcheller Bay, built in 1936.

**Roman baths** used essentially a dry heat. The Turks favored a moist heat. The sauna takes advantage of both. I must confess to being a sauna addict. Three saunas a week suit me to a "T," even in the dead of winter. So, let me describe a perfect sauna.

The sauna house should be cozy. Room for a dozen should be the limit. There must be three seating levels. Four would probably be better. One of the most important points is having the sauna within 20 feet of the lake. This is no longer possible, of course, since zoning laws specify there must be a 75-foot setback, but a shower can replace the lake to a certain extent. A 55-gallon oil drum laid on its side and covered with rocks and stones makes a fine sauna stove. Wood as the heat source is, of course, essential.

**Upon entering the sauna**, I like to see the thermometer at 170 to 175 degrees F. When all bathers are in the sauna, I like to spend a generous ten minutes in purely dry heat with the temperature rising about one degree per minute. By this time the pores have opened, and the sweat glands are beginning to do their thing with vigor.

We have reached the moment of truth. It is time to throw a dipper of water on the piping hot rocks, and the first dipper should have a dollop of eucalyptus oil in it to clear the nasal passages. At this point the sauna gives proof positive to the old saying: "It ain't the heat so much as the humidity."

**When the steam fills** the sauna a minute after that first sizzling hiss on the rocks, it feels as though the temperature had shot up 15 degrees. The thermometer, however, shows lit-

tle or no change. By gollies, it IS the humidity.

I like to see the temperature stabilize at about 185 degrees F., and I like to throw a dipper of water on the rocks about every other minute. Stroking and gently beating one's neighbor with a small birch branch adds the final exotic touch, and it seems to stimulate sweat production. Old timers believed one should stay in the sauna until the sweat dripped off the finger tips. I believe one should head for the lake or snow bank just as soon as the inner thermometer gives the signal.

**Plunging into a 60 degree lake** does wonders for the spirit, and after a half dozen brisk strokes one is ready to do it all over again. Two sessions in the sauna is usually quite enough, though occasionally a third seems too good to pass up.

During a sauna the metabolism, pulse rate and blood pressure increase notably, and the blood vessels become much more flexible, which probably benefits the extremities. People with heart or hypertension problems definitely should not indulge, nor should those few people who do not sweat or sweat very little. As for loss of weight, forget it as a permanent thing. A three to five pound weight loss is not uncommon, but it is a temporary loss.

Afterwards, with a cool brew or lemonade in the hand, one feels utterly relaxed, and there is no way one can feel cleaner. So any adventuresome soul who wants to get beaten with a birch branch should call. -- Deacon Larson

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#### **SMOOTH SAILING FOR NEWLYWEDS**

A Twin Cities couple was married May 23 on a steamboat on Ten Mile Lake. The boat was built at Ten Mile by the bridegroom's father, Dr. Ivar Sigveland, and launched a year before his death.

The newlyweds are Peg Mattson of Minneapolis and Ivar Sigveland III of Burnsville. Nineteen persons were aboard the wood-fired boat cruis-

ing on the lake when the ceremony was performed by the Rev. Michael Small of Union Congregational Church of Hackensack and Community Church of Walker.

Most of the guests were members of the family. A fireworks salute was fired from nearby Brandt's Point.

Mrs. Ivar Sigveland, Jr., the bridegroom's mother, has spent summers on Ten Mile for more than 60 years.

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#### **FROM HONG KONG TO SPAIN TO . . .**

The Ten Mile Lake Association has gone cosmopolitan. We have members Ahmet and Karin Arsan from Hong Kong; John and Sandra Birkholz from Alicante, Spain; Elizabeth Cohn from Sao Paulo, Brazil; Robert and Marianne Erickson from Lagos, Nigeria.

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#### **LONG-TIME SUMMER RESIDENT PASSES AWAY**

Mrs. Neva Christofferson Hills, who had been summering on Ten Mile lake since 1932, died May 3 in Glendale, AZ, where she lived in the winter. She was 90.

Her cabin is located on the North Shore and was called "Neva's Nook." Her son, William Christofferson, and daughter, Betty Prochaska, inherited the property (Box 846).

Neva was born Neva Phillips Oct. 13, 1896, at Dalton City, IL. She moved with her family to Cass County, ND, and was married to Hilding Christofferson Oct. 16, 1923, at Armenia, ND. They lived in Moorhead, MN. Mr. Christofferson died in 1966.

She married William A. Hills in 1971 and lived on the lake during the summer months and at Youngstown, AZ, in the winter. Mr. Hills died in 1973.

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**Turn in Poachers --- Rewards --- 800-652-9093**

TREASURER'S REPORT -- JULY, 1987

Checking Account

Beginning Balance, 3/24/87 .....		\$ 1,695.47
Receipts:		
Dues .....	\$ 60.00	
Transfer from regular savings .....	1,000.00	
Transfer from memorials savings .....	234.75	\$ 1,294.75
		-----
		\$ 2,990.22
Expenses:		
Computer work .....	\$ 357.00	
Copying .....	12.50	
Flowers .....	42.40	
Office Supplies .....	20.77	
Legal fees .....	712.22	
Postage .....	654.74	
Printing .....	607.62	
Tapes .....	7.08	
Telephone .....	28.02	
Oxygen meter .....	234.75	\$ 2,677.10
		-----
Balance, 7/1/87 .....		\$ 313.12

Regular Savings

Beginning balance, 3/24/87 .....		\$ 5,702.73
Interest income .....		126.85
		-----
		\$ 5,828.58
Transfer to checking account .....		-1,000.00
		-----
Balance, 7/1/87 .....		\$ 4,828.58

Endowment and Memorial Savings

Beginning balance, 3/24/87 .....		\$ 1,572.45
Dividends, stock .....	\$ 391.48	
Dividends, mutual fund .....	1,528.80	
Interest .....	30.37	
Memorials .....	260.00	\$ 2,210.65
		-----
		\$ 3,783.10
Transfer to checking account .....		- 234.75
		-----
Ending balance, 7/1/87 .....		\$ 3,548.35

-- Earl H. Holle, Treasurer